

October 7-8,

Cost is \$60

Includes ropes course, food, lodging, small group materials and t-shirt.

Registration begins Friday evening at 6:30 p.m. and we end Saturday night with Worship at 8:30 p.m.

Please go to www.heartlandcenter.org for the additional ropes course permission

Heartland Presbytery Senior High Fall Retreat

“and let us run with perseverance the race that is set before us” Hebrews 12:1b

Running the Race: Perseverance for our Everyday Life

- ◆ High Ropes Course
- ◆ Low Ropes Course
- ◆ Worship
- ◆ Community

For our time together we will focus on the following things: empowerment, encouragement, enabling and empowering students to run the race of life with full confidence.

The ability to persevere has so much to do with how we perceive our own skills, gifts and abilities. When we believe we have limitations, we prevent ourselves from accomplishing a desired goal. During the weekend we want to empower you to experience the wonderful abilities you already have, encourage you to take steps beyond your perceived skills, enable you to shift your thinking about who you are and what you are capable of and equip you to go and help others run the race. **What to bring:** Friends, Bible, journal, pen or pencil, sleeping bag or twin bedding, casual clothing, flashlight, closed toes shoes, toiletries and towel. **Please note an additional permission form for the ropes course MUST be completed and signed by the participant and legal guardian.**

Retreat Location
Heartland
Presbyterian Center

16965 NW Hwy 45
Parkville, MO 64152
816-891-1078

Direct Questions to: Mindy Fox, Heartland Presbytery, 816-924-1730 or 1-800-332-4849 or Michelle Phillips at michellephillips@parkvillepresby.org. Complete the Registration Form and return with \$60 check to: Heartland Presbytery, 3210 Michigan Avenue, Suite 200, Kansas City, MO 64109-2055, attention Mindy Fox, by Thursday, September 29, 2011. Payment before the retreat is appreciated! The \$60 includes lodging, food, materials and a t-shirt. Please register before the deadline so a correct T-shirt size can be guaranteed. Registrations received after 9/29/11 will incur a registration fee of \$70.