

**July 2010 Meditation**  
by Rev Glenda Watts, Co-Moderator PWHP

*Sisters in Spirit* (women who have made a difference in my spiritual journey)

**Scripture:** Psalm 63:1-8; Jeremiah 29:11; Isaiah 40:31; 1 Corinthians 13:13

**Reflection:**

When I first heard about Julian of Norwich I was drawn to her and still am. It can't be because we know so much about her, we don't even know her name. She preferred the focus to be on God. She is probably the first woman to write a book in the English language and among the first to write of Christ as our mother. When I was at Norwich Cathedral, I only found a lovely stained glass window showing her kneeling in prayer looking up at a crucifix with her hands up in the ancient prayer position. The guide sent me about a mile down the street to St. Julian's church in 'St. Julian's Alley.' I found a small church rebuilt after it was bombed in 1942. As I sat in its chapel with its shrine to Mother Julian, I realized it is her message that has captured my heart and imagination—a message of love and hope. On the door to this shrine is a plaque: "Mother's Julian's Cell – on the site of the original anchorhold, 'Prayer [unites] the soul to God'". Her most famous saying has become my mantra: "All shall be well and all manner of things shall be well."

Put your name in ***THE JULIAN PRAYER:***

*Most Holy Lord, the ground of our beseeching, who through your servant, [JULIAN] revealed the wonder of your love. Grant that as we are created in your nature and restored by your grace, our wills may be so made one with yours that we may come to see you face to face and gaze on you for ever. Amen.*